

SEASONAL FLU CLINICS

**All clinics take place at KMHC unless otherwise indicated.
No appointment is necessary.**

Wednesday, November 2, 2016	9:00 a.m. to 4:30 p.m.
Thursday, November 3, 2016	1:00 p.m. to 8:30 p.m.
Friday, November 4, 2016	9:00 a.m. to 4:30 p.m.
Saturday, November 5, 2016	9:00 a.m. to 12:30 p.m.
Thursday, November 10, 2016	1:00 p.m. to 8:30 p.m.
Monday, November 14, 2016	1:00 p.m. to 8:30 p.m.
Friday, November 18, 2016	9:00 a.m. to 4:30 p.m.

Special Clinics

**At the Golden Age Club
(For everyone)**

**Wednesday, November 2, 2016
from 10:00 a.m. to 12:30 p.m.**

At KMHC

**Children – 6 mos to 23 mos.
Wednesday, November 2, 2016
from 3:00 p.m. to 5:00 p.m.**

Who should get the flu shot?

Pregnant Women

Kids

Adults and children with chronic diseases

If you have a family member who has a chronic disease

Seniors

Health professionals

Caregivers

**Ask the Nurse if you are a candidate for the
pneumovax vaccination**



**For more information,
please contact the
Community Health Unit
(450) 638-3930**

Get the Vaccine, Not the Flu!